**Cruise Packing List**

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| **Cruise Cabin Items**   * Power strip * USB adaptor * Magnetic/3M hooks * Poopourri spray   **Useful Stuff**   * Coffee tumbler & refillable water bottle * Phone charger, phone, tablet * Cash * Backpack * Baby wipes * Lanyard, waterproof phone case * Beach towel clips * Zip lock bags * Hand sanitizer (containing at least 60% alcohol) or antibacterial hand wipes * Insect repellent (with an active ingredient like DEET or picaridin) * Beach bag, sunscreen (with UVA and UVB protection, SPF 15 or higher) and aloe * Sunglasses and hat * Earplugs, Eye Mask, Neck Pillow   **Clothing**   * Tshirts * Tank tops * Shorts * Long pants * Long-sleeve shirt * Underwear, socks * Swimsuits and cover up * Light jacket or hoodie * Belt * Hat * Pajamas * Sneakers, flip flops, water shoes * Athletic wear   **Formal Wear – Men**   * Dress shirt * Dress pants * Belt/shoes * Blazer * Tie * Tuxedo (very formal cruises only)   **Wear – Women**   * Evening gown or cocktail dress * Dress pants * Dress blouses * Shoes/sandals * Jewelry   **Personal Items**   * Toothbrush * Mouthwash * Dental floss * Deodorant * Cotton swabs * Feminine products * Makeup * Curling iron * Shampoo/conditioner * Hair products * Lotion | **Infants/Kids/Teens**   * Bottles, formula, pacifier, blanket, toys * Placemats, utensils, plates, sippy cups * Umbrella stroller * Diapers, wipes, diaper cream * Video games, tablets * Water toys * Playing cards   **Toiletries and First Aid**   * 1% hydrocortisone cream * Antibacterial ointments * Digital thermometer * Oral rehydration salts * Antiseptic wound cleaner * Aloe gel for sunburns * Insect bite anti-itch gel or cream * Bandages * Disposable gloves * Cotton swabs (Q-Tips) * Tweezers * Eye drops * Prescription medicines and copies of prescriptions * Glasses and contacts, rinse, drops * Medical alert bracelet or necklace * Diabetes - testing supplies, insulin, syringes, etc. * Asthma/Allergies – Inhalers, EpiPens if needed * Over-the-counter medicines * Antacid * Antihistamine and Decongestant * Cough drops, cough suppressant, or expectorant * Diarrhea medicine (Imodium or Pepto-Bismol) * Pain and fever medicine (acetaminophen, aspirin, or ibuprofen) * Mild laxative * Mild sedative or sleep aid * Motion sickness medicine   **Documents**   * Copies of your passport and travel documents * Health insurance card and documents * Proof of Vaccinations (if required) * Contact card with the street addresses, phone numbers, and e-mail addresses of: Family member or close contact in the United States * Contact info for health care provider(s) at home   **To do**   * Check the Transportation Security Administration website for updates on permitted and prohibited items, including medicines that you are allowed to carry onto an airplane. * Some items may not be allowed in other countries. It is a good idea to check the Customs and Import Restrictions section of the U.S. Department of State Tips for Traveling Abroad. * Enroll in the Department of State Smart Traveler Enrollment Program to get the latest safety updates and help in an emergency. * Notify a friend or family member of your travel plans * Notify your bank of your travel plans * Notify your cell phone company of your travel plans |